# CLASS TITLE: CLINICAL NURSE SPECIALIST

Class Code: 02887300 Pay Grade: 26A EO: B

#### **CLASS DEFINITION:**

**GENERAL STATEMENT OF DUTIES:** To provide medical and/or psychotherapeutic intervention to patients and their families through participation in the development and implementation of medical and/or mental health services; to engage in the development of optimal medical and psychiatric nursing practices through which to address the needs of hospitalized patients; and to do related work as required.

**SUPERVISION RECEIVED**: Work is subject to policies and procedures established by the Director of Nursing; clinical procedures are subject to review by appropriate health care personnel.

**SUPERVISION EXERCISED**: Acts as a resource person to nursing personnel and other staff assistants; reviews work both in process and upon completion for compliance with care and treatment procedures.

#### ILLUSTRATIVE EXAMPLES OF WORK PERFORMED:

To provide medical and/or psychotherapeutic intervention to patients and their families through participation in the development and implementation of medical and mental health services; to engage in the development of optimal medical and psychiatric nursing practices through which to address and the needs of hospitalized patients.

To provide consultative services to the multidisciplinary team concerning the total health needs of patients and their families.

To assist the training staff in developing in-service theoretical educational programs for the purpose of fostering the understanding and refinement of medical and/or psychiatric nursing practices.

To provide liaison and consultation to community agencies referring patients to the hospital and providing treatment and follow-up care following hospitalization.

To analyze medical and/or psychotherapeutic goals and to recommend changes in techniques and procedures in order to effectively attain those goals.

To act as liaison between nursing service staff and other health team members in order to effect the comprehensive continuity of patient care.

To prepare periodical and special reports to a superior relative to the program and services provided.

To monitor infection control standards, conduct environmental rounds and oversee compliance with accreditation requirements as assigned.

To serve as a clinical resource person to nursing services direct care staff.

To do related work as required.

# REQUIRED QUALIFICATIONS FOR APPOINTMENT:

KNOWLEDGES, SKILLS AND CAPACITIES: A thorough knowledge of professional psychotherapeutic and/or medical nursing principles, practices and techniques, and skill in their application in providing treatment programs for patients and their families; a working knowledge of available community and/or hospital resources and the ability to utilize them in providing health care and services; the ability to instruct staff personnel in the application of proper psychotherapeutic and/or medical nursing practices and techniques; the ability to establish and maintain effective working relationships with members of the medical and nursing staffs, superiors, subordinates, associates, patients and the public; the ability to assist in developing training programs relevant to patient care; the ability to prepare regular and special reports as required; the ability to analyze program needs and to recommend

appropriate improvements; appropriate advanced training and/or certification in one or other clinical specialty areas; and related capacities and abilities.

### **EDUCATION AND EXPERIENCE:**

<u>Education</u>: Such as may have been gained through: graduation from an accredited school of nursing and possession of a Master's Degree with specialization in Clinical Psychiatric Nursing or a recognized area of medical specialization; and

<u>Experience</u>: Such as may have been gained through: employment as a registered nurse in a supervisory position involving providing clinical psychiatric and/or medical services in a hospital setting.

Or, any combination of education and experience that shall be substantially equivalent to the above education and experience.

<u>SPECIAL REQUIREMENT</u>: Must meet nursing registration requirements in compliance with Rhode Island laws and regulations; and must maintain licensure, certification, or registration as a condition of employment.

Class Revised: April 28, 1996 Editorial Review: 3/15/03